

Srinivas Nagar, Mukka—574 146, Mangalore. (Private University Established by Karnataka Govt. ACT No.42 of 2013, Recognized by UGC, New Delhi, & Member of Association of Indian Universities, New Delhi)

3.6.2.1 Number of extension and outreach programs conducted by the institution through NSS/NCC

Detailed list and report for each extension and outreach program to be made available, with specific mention of number of students participated and the details of the collaborating agency Government and Government recognized bodies for the Year 2021-22.

List of the activities for the Year 2021-22 is in Page No 30						
Name of the activity	Organizing unit/ Forum/ collaborating agency	Date of the activity DD-MM-YYYY	Number of students participated in such activities	Page No.		
Science Sensitisation Programme	NSS	18-12-2021	30	4		
Indias Republic Celebration- 2022	NSS	26-01-2022	25	5		
Cycle Awareness Programme	NSS	28-01-2022	100	5		
Survey on Covid Awareness	NSS	09-02-2022	33	6		
Extension Services	NSS	21-01-2022	50	7		
Self Defence Training for Women	NSS	21-04-2022	200	8		
Prevention of Sexual Harassment at Work Place	NSS	26-04-2022	45	9		
Yoga Training Programme	NSS	19-05-2022	60	ТО		
Maleria Awareness Programme	NSS	28-05-2022	70	10		
Skit Play Workshop for School Children	NSS	01-06-2022	25	Ш		
Yoga Celebration	NSS	21-06-2022	50	12		
Awareness on Environmental Concerns	NSS	27-06-2022	40	13		
Awareness on Environmental Hygiene	NSS	27-06-2022	45	14		
Shramadhan Programme	NSS	20-07-2022	35	14		
Plantation Programme	NSS	27-07-2022	34	15		
NSS-Swachh Bharath -Road Cleaning drive.	NSS UNIT	15-05 2022	75	16		
International Happiness day celebration	NSS UNIT	25-03-2022	101	17		
Our class our pride Programme	NSS UNIT	22-03-2022	55	18		
Mass door-to-door campaign to educate masses about malaria and	NGG ADAM	24.05.2022	00	19		
dengue	NSS UNIT	24-05-2022	90	20		
Celebrating World Environment	NSS UNIT	05-06-2022	89	20		
International Women's Celebration	NSS UNIT	08-03-2022	90	21		
Our campus our pride clean drive	NSS UNIT	20-05-2022	102	22		
Awareness on Environmental Hygiene	NSS UNIT	23-05-2022	25	23		

Registered Office: Srinivas Campus, Srinivas Nagar, Mukka, Surathkal, MANGALURU - 574 146 Karnataka State, INDIA. Website: www.srinivasuniversity.edu.in, <a href="mailto:Emailto:

Awareness on women and Healthfor SHG	NSS UNIT	29-03-2022	35	24
Blood Donation Camp	NSS	22-05-2022	60	25
Environment day go green campus	NSS UNIT	05-06-2021	25	25
Street Plays on Girl child issues/importance of literacy	NSS UNIT	12.06.2022	50	26
/Addiction Free Medical Camps	NSS UNIT	12-06-2022 25-06-2022	50 75	27
Yoga and Meditation Camps	NSS UNIT	19-05-2022	75	28
Environment day go green campus	NSS UNIT	06-06-2022	45	29
Daan Utsav /Joy of giving/ Giving is Happiness	NSS UNIT	25-06-2022	40	29

3.6. 2 Number of extension and outreach programs conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/YRC etc., during the last five years

REPORT 2021-22

1. Science Sensitisation Programme

Science Sensitization Programme @ D.K.Z.P.M.H.P. School, Chelairu

Date of the Programme: 18th December, 2021.

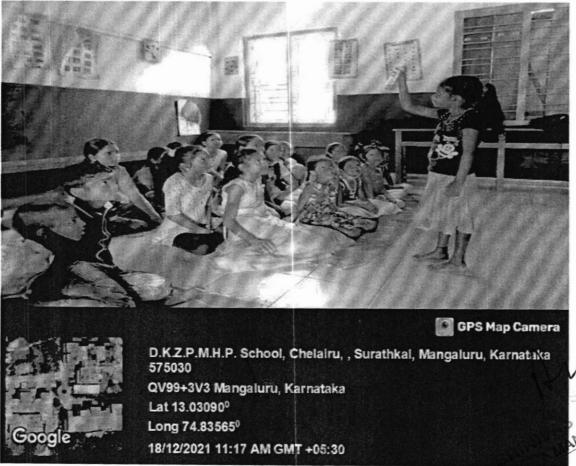
Objectives of the Programme:

To exhibit curiosity experiments to the Students and Teachers.

To create awareness about Acid and Bases.

To educate students on the Science behind curiosity experiments.

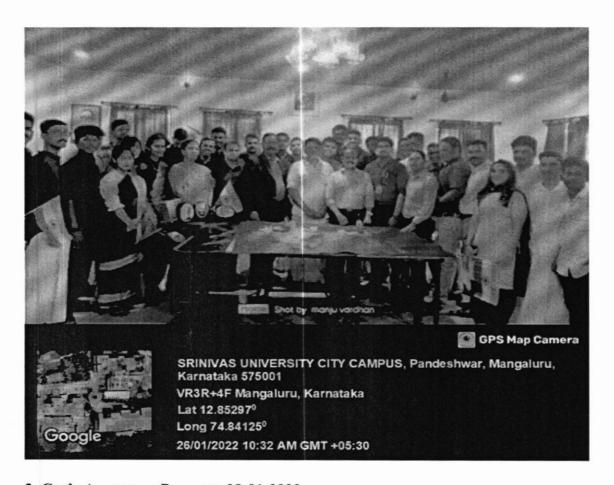
To develop Scientific Temper among the School Children.



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2. Republic Day Celebration - 2022

College of Hotel Management and Tourism Celebrates 73rd Republic Day by preparing Sweets of India REPUBLIC DAY CELEBRATION- 2022 26-01-2022

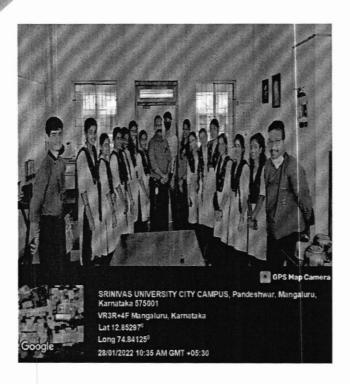


3. Cycle Awareness Program 28-01-2022

The Cycle Awareness Program held on January 28, 2022, aimed to educate students about the benefits of cycling, road safety, and environmental consciousness. The program featured a series of interactive sessions, discussions, and practical demonstrations to promote cycling as a sustainable mode of transportation and to instill awareness about road safety measures.



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4. Survey on Covid Awareness 9-02-2022 33 students

Survey on COVID Awareness Report

Date: February 9, 2022

Participants: 33 Students

The survey aimed to assess the level of COVID-19 awareness among students and identify areas where additional education and resources may be needed to promote safety and prevention measures.

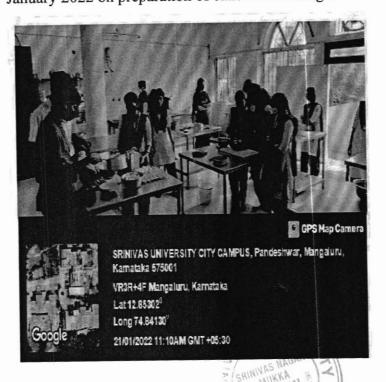


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5 Extension Services

College of Hotel Management organised a program for the Government college students on 21 January 2022 on preparation of cake in low budget.

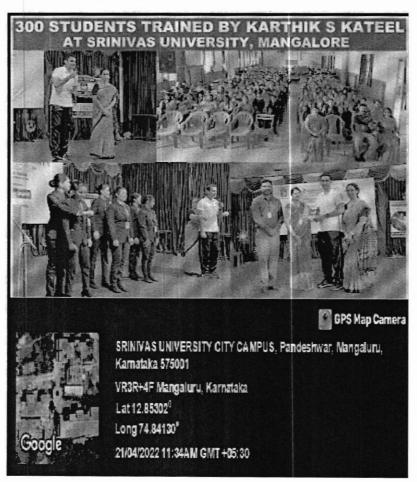


SRINIVAS UNIVERSITY MANGALORE

6 Defence Training for Women

Self Defence Workshop for Women

Techniques of Self Defense for Women. Self defence, self confidence, discipline and self control. The values learnt are priceless. Mangalore, April 21, 2022: Self defense for women to be able to protect themselves against anything that's unacceptable in terms of Social conduct. A workshop was conducted under Unnat Bharat Abhiyan Forum on Techniques of Self Defense for Women by Mr. Karthik S Kateel, CEO and Founder of Swaraksha for Women trust and Mrs. Shobhalatha in Srinivas University. Self defense training workshop was conducted for girls to boost the self confidence of the students.



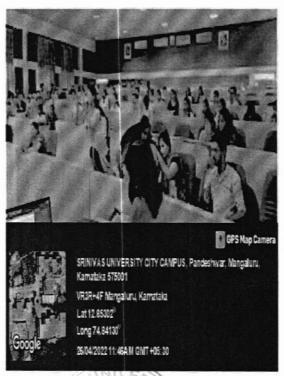
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7. Prevention of sexual harassment at work place 26-04-2022

Srinivas University organized a program under the NSS unit to educate on the Prevention of Sexual harassment at the workplace is a pervasive issue that can have serious consequences for individuals and organizations alike. It undermines employee well-being, productivity, and organizational culture. Employers have a legal and ethical obligation to create a safe and respectful work environment free from harassment of any kind, including sexual harassment. This report outlines strategies for preventing sexual harassment in the workplace and provides recommendations for creating a positive and inclusive organizational culture. Sexual harassment is defined as unwelcome sexual advances, requests for sexual favors, or other verbal or physical conduct of a sexual nature that creates a hostile or offensive work environment.

Preventing sexual harassment in the workplace requires a proactive approach that involves clear policies, comprehensive training, and a commitment to creating a culture of respect and inclusivity. By taking steps to prevent sexual harassment and support victims, employers can create a safer and more productive work environment for all employees.



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Yoga Training Programme 19-05-22

Unnat Bharat Abhiyan Forum in association with the Institute of Social Sciences and Humanities and Institute of Hotel Management and Tourism has conducted a Yoga Demonstration Program for NSS Volunteers in Srinivas University city campus Pandeshwar. The Yoga demonstration was guided by Dr. Padmanabha C.H Associate Professor, Institute of Education. The Programme was presided over by Dr. Laveena D' Mello, NSS Coordinator Srinivas University. Prof. Padmamabha K. NSS faculty convenor of Institute of Hotel Management and Tourism, Prof. Joyson Prenky Cardoza NSS faculty Convenor of Institute of Social Sciences and Humanities, Dr . Vidhya Coordinator of SIRRA and student convenors Mr. Shashank and Mr.Sijo were present during the occasion. About 60 NSS Volunteers from the organising institutes have participated in the event and got benefitted.



Malaria Awareness Programme

Mangaluru 28th May, 2022: Unnat Bharat Abhiyan Forum in Collaboration with Srinivas Institute of Rural Reconstruction Agency (SIRRA), National Service Scheme of Srinivas

University Constitution College of Mangalore University was the Resource Person. Dr. Laveena D' Mello,



10 Skit Play Workshop for School Children

SKIT PLAY WORKSHOP FOR SCHOOL CHILDREN

Sasihithlu, 1st June, 2022: Unnat Bharat Abiyan Forum Srinivas University in collaboration with National Service Scheme has organised Two days Workshop on Skit Play to the Children of Dakshina Kannada Zilla Panchayat Higher Primary School Sasihithlu. The programme was presided over by Mrs. Clotilda Lobo, Head Mistress of the School, Mr. Harish K Hejamadi, Reporter of Vijaya Karnataka, Mulki and Padubidri Area, Mangalore. Mr. Shivaraj, Research Scholar, Srinivas University was the Resource Person who trained students on Skit Play for two days. About 35 studets participated in the Workshop.





11 Yoga Day Celebration

International Yoga Day Celebration at Dakshina Kannada Zilla Panchayat Model Higher Primary School, Chelairu, June 21st, 2022. Yoga Day, celebrated annually on June 21st, is an occasion to promote the holistic benefits of yoga practice worldwide. The celebration of Yoga Day in our organization was a resounding success, thanks to the enthusiastic participation of students and the thoughtful planning of engaging activities. By promoting the benefits of yoga and SRINIVAS UNIVERSITY mindfulness, we not only contributed to the health and well-being of our employees but also fostered a positive work environment contered around holistic wellness.

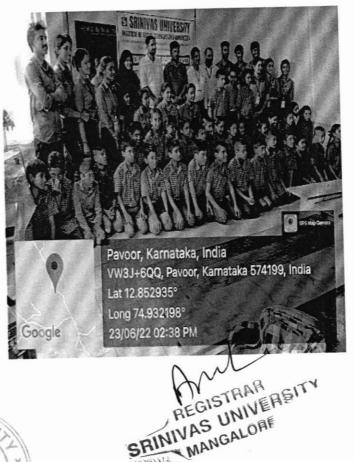


Awareness on Environmental Hygiene 12

Inauguration of Awareness Programme on Environmental Hygiene @ Z.P.H.P.School, Pavoor

date Monday, June 23, 2022. MSW students from college of social science and Humanities organised the programme





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13 Awareness on Environmental Hygiene

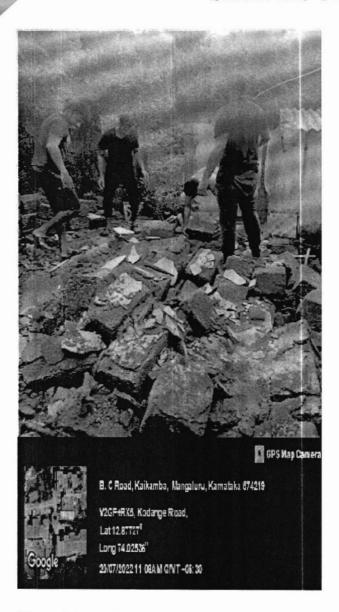
Inauguration of Awareness Programme on Environmental Hygiene for School Children 27th June, 2022: Srinivas University Mangaluru, Unnat Bharath Abhiyan Forum, Institute of Social Sciences and Humanities, Pandeshwar, Mangaluru, Srinivas Institute of Rural Reconstruction Agency, in association with Grama Panchayat Pavoor and D.K.Zilla Panchayat Higher Primary School, Malar has organised Inaugural Programme in the Dakshina Kannada Zilla Panchayat Higher Primary School.



14 Shramadhan Programme

Shramadhan Programme by the Students of Social Work at D.K.Z.P.H.P. School, Pavoor.

Pavoor, 20th July 2022: Unnathbharath Abhiyan Forum, Srinivas University and Srinivas Institute of Rural Reconstruction Agency (SIRRA) jointly participated in the "Demolition of Old Building" situated at Dakshina Kannada Zilla Panchayat Higher Primary School, Pavoor. The demolition work was carried out by the Students of Master of Social Work. Dr. Vidya N, Coordinator of SIRRA and Prof. Joyson P. Cardoza, Co-Convenor, Unnat Bharat Abhiyan, ISSH. were present during the occasion. About 17 students of Social Work participated in the ed SRINIVAS UNIVERSITY



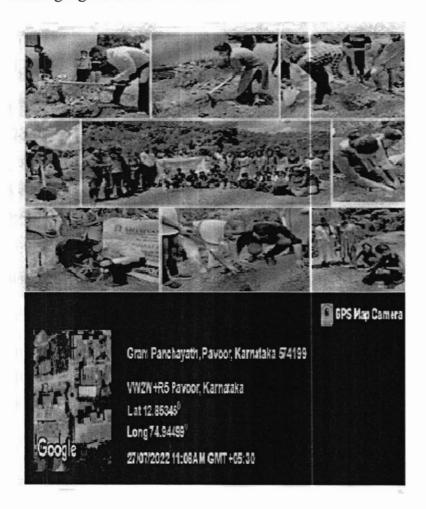
15 Plantation Programme

The plantation program held at d.k.z.p.h.p school, Pavoor College of social sciences and humanities on 27th July, 2022, was organized by Srinivas University to promote environmental sustainability and foster a sense of responsibility towards nature. This report provides an overview of the plantation event, including its objectives, activities conducted, participation levels, and the impact on the environment and community.

The plantation program was a successful initiative that brought together students, community members, and volunteers to make a tangible and lasting impact on the environment. By planting trees and promoting environmental stewardship, we not only contributed to the sustainability of our local ecosystem but also fostered a sense of community and shared responsibility. Moving

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forward, we remain committed to organizing similar initiatives and continuing our efforts toward building a greener and more sustainable future.

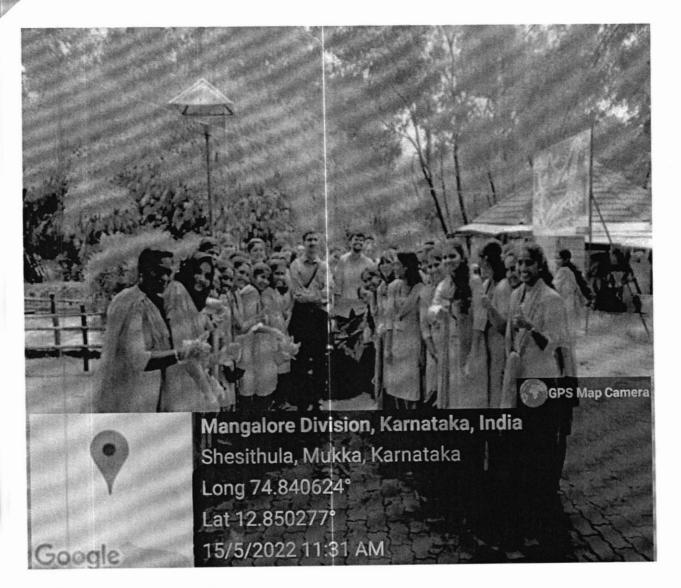


16. NSS-Swachh Bharath -Road Cleaning drive.

College of Education organised the Swachh cleaning Abhiyan and cleaned the roads and nearby park on May 15th, 2022. Nearly 35 students participated in the program.



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17. "International Day of Happiness"

REPORT - MARCH - 2022

The Department of BBA (HN), in collaboration with BBA NSS unit organized an "International Day of Happiness" programme on 25 March 2022 at Bhagini Samaja, Morgans gate, Jeppu, Mangalore.Students of BBA (HN) distributed fruits, clothes and Biscuits for inmates of orphanage.Prof.A.K. Aneesh, Course Coordinator, Prof Chirag, Class Coordinator, were coordinated the programme. Mr Pratheek Prakash, IBBA (HN) and Ms. Vikitha IBBA (HN) were the

student coordinator for the programme. Around 10 students were present during the

programme. The programme was successfully completed due to constant support of Prof. Keerthan Raj-Dean of Institute of Management and Commerce.

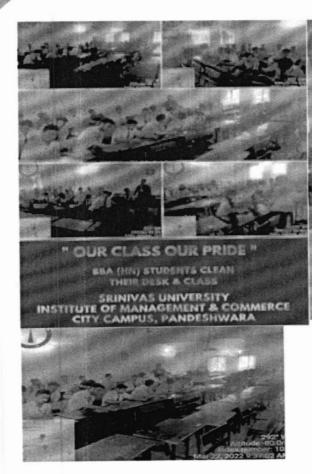


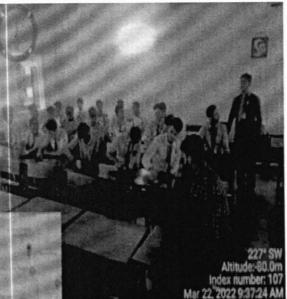
18. "Our class our pride" Programme

The Department of BBA (HN) organized class extensional activity "Our class our pride" Programme on 22/03/2022 for IBBA (HN) students. Around 65 students were actively participated and clean their and Class.



Manual One

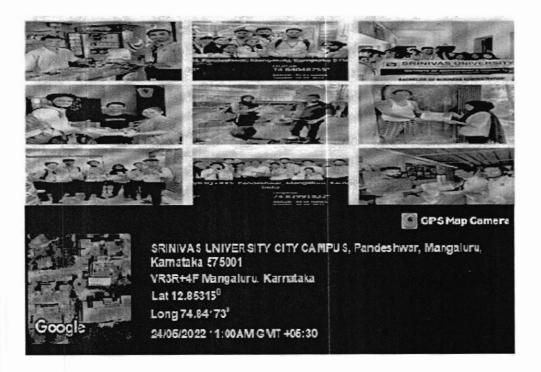




19. Mass door-to-door campaign to educate masses about malaria and dengue

MASSIVE CAMPAIGN ON MALARIA, DENGUE BY STUDENTS OF SRINIVAS UNIVERSITY

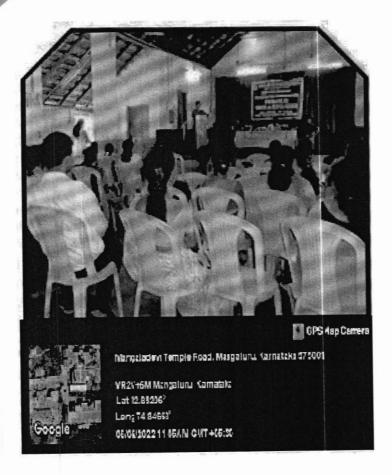
Institute of Management and College in association with BBA -NSS unit ,Srinivas University, city campus pandeshwar organised a mass door-to-door campaign to educate masses about malaria and dengue carried outby about 300 students of IMC, Srinivas University in the city on 23 and 24th May 2022. A total of six teams of BBA -NSS volunteers along with staff coordinators were visit houses, shops and restaurants in and around city to create awareness on vector - borne diseases and mosquito breeding sources and distribute pamphlats) Prof.Keerthan Raj, Dean of IMC, Prof.A K Aneesh, NSS officer, BBA Unit were coordinate the programme24 celebrating World Environment Day



20. Celebrating World Environment 05-06-2022

World Environment Day, observed annually on June 5th, serves as a global platform for raising awareness and taking action on pressing environmental issues. Srinivas University celebrated World Environment Day with a series of events and initiatives aimed at promoting environmental conservation, sustainability, and climate action.

The celebration of World Environment Day was a resounding success, thanks to the active participation and support of students, faculty, staff, and community members. By coming together to raise awareness, take action, and promote sustainable practices, we demonstrated our commitment to environmental conservation and sustainability. Moving forward, we remain dedicated to continuing our efforts to protect and preserve the environment for the well-being of current and future generations.



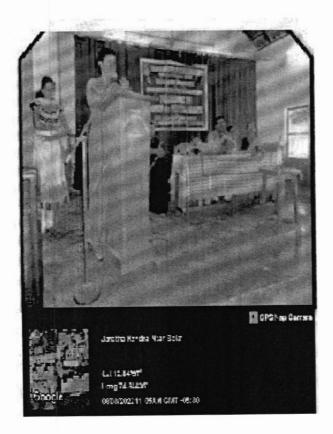
21. International Women's Day

International Women's Day, observed annually on March 8th, is a global day celebrating the social, economic, cultural, and political achievements of women. It also serves as a call to action for accelerating gender equality. Srinivas University celebrated International Women's Day in Janthakendra near Bolar on March 8th 2022 with various activities and initiatives aimed at honoring women's contributions, raising awareness about gender equality issues, and promoting empowerment.

The celebration of International Women's Day had a meaningful impact on our community, fostering dialogue, awareness, and action on gender equality issues. Through panel discussions, workshops, cultural performances, and advocacy activities, participants gained insights, skills, and inspiration to advocate for gender justice and women's rights. The celebration also provided

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a platform for networking, collaboration, and solidarity among women and allies, strengthening the movement for gender equality and social change.



22. Our campus our pride clean drive

On 20th May 2022, the department of B. Com, Institute of Management and Commerce, University City Campus Pandeshwar organized NSS-Swachh Bharath -Road Cleaning drive. The National Service Scheme (NSS) wing of B. Com had conducted this event. The main motto of the programme was to remove all the unwanted materials such as waste papers, chocolate wrappers, plastic materials etc from the college premises and also to create awareness about such activities which would be conducted on timely basis by the students of Srinivas University



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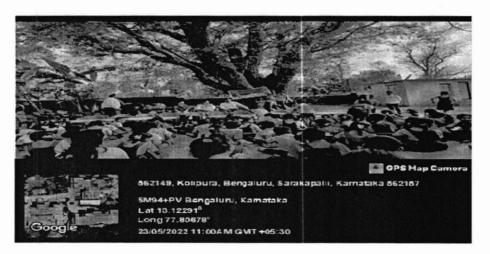


23. Awareness of Environmental Hygiene the college of education organised the program on $23^{\rm rd}$ May 2022

Srinivas University organized an Environmental Hygiene Awareness Program on 23rd May 2022 to educate students, faculty, and staff about the importance of environmental cleanliness and promote responsible environmental stewardship.

The Environmental Hygiene Awareness Program had a significant impact on raising awareness and promoting responsible behavior toward environmental hygiene within the college community. Through workshops, clean-up drives, educational presentations, and awareness

campaigns, participants gained valuable insights, knowledge, and skills to address environmental challenges and adopt sustainable practices. The program also fostered a sense of empowerment and motivation among participants to take action and make positive changes in their personal habits and lifestyle choices. Additionally, the program helped foster a culture of environmental consciousness and collective action, laying the foundation for ongoing efforts to promote environmental hygiene and sustainability within the college and beyond.



24. Awareness on women and health SHG

The College of Education visited the villages of Ankola on 29/3/2022. And gave awareness on the importance of hygiene and education to the tribes living near Byankola with the staff and students





25 Blood Donation and Medical camp

College of physiotherapy organised a blood and free medical camp for the communities near valachil on May 22nd 2022

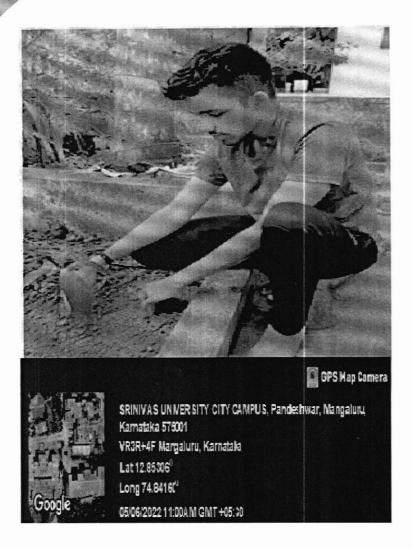


26 Environment day go green campus

On 05/06/2021, as a part of celebrating World Environment Day, Institute of Commerce and Management, Srinivas University, has arranged several activities on the virtual platform. Various activities were conducted for the B.COM And BBA students to create awareness towards our environment



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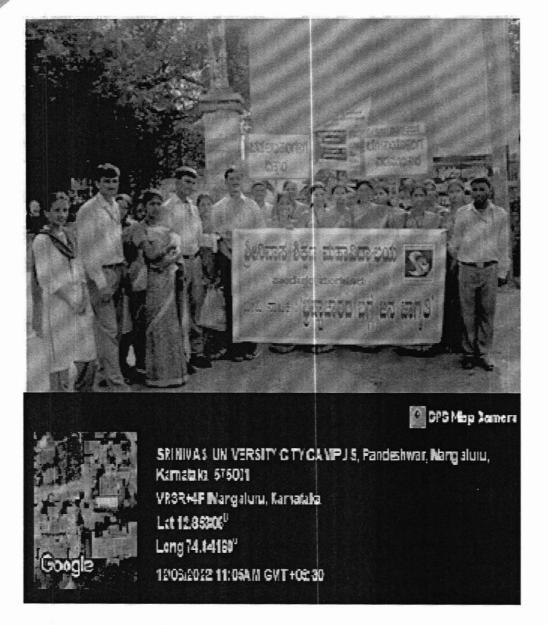


27. Street Plays on Girl child issues/importance of literacy /Addiction

College of education organised a street play to spread the message on importance of education at the Pandeshwar area near the city on 12th June 2022



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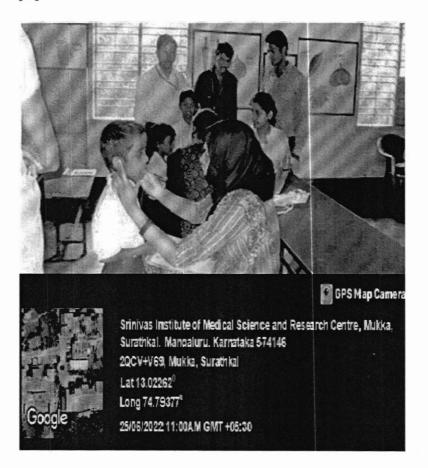


28. FREE MEDICAL CAMPS

Free medical camps play a crucial role in providing essential healthcare services to underserved communities, especially in remote and rural areas where access to healthcare facilities is limited. Qualified healthcare professionals, including doctors, nurses, and allied health professionals, provided free medical consultations and examinations to patients attending the campa Patients received personalized medical advice, treatment second medical services for further evaluation or specialized care if needed.

The free medical camps organized by Srinivas Eniversity on 25/06/2022 received overwhelming participation from individuals in the target communities, including men, women, children, and

the elderly. Patients from diverse socio-economic backgrounds, ethnicities, and geographic locations attended the camps seeking medical care and support. The high turnout demonstrated the significant demand for accessible and affordable healthcare services among underserved populations.



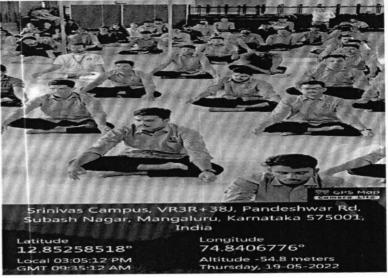
29 Yoga and Meditation camps

Yoga and meditation camps are organized by Srinivas University to promote holistic health and well-being by providing participants with opportunities to learn and practice yoga asanas, breathing techniques, and meditation exercises. These camps aim to enhance physical fitness, mental clarity, emotional balance, and spiritual growth.

The yoga and meditation camps attracted enthusiastic participation from individuals of all ages and backgrounds, including students, faculty, staff, and members of the community. Participants ranged from beginners with little or no experience in yoga and meditation to seasoned practitioners seeking to deepen their practice and knowledge. The inclusive and welcoming

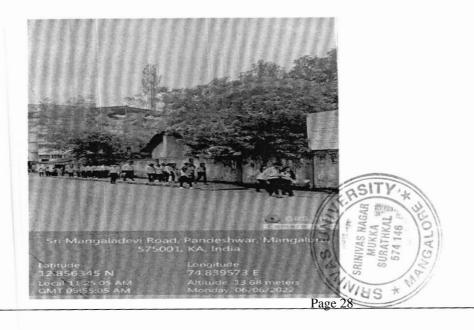
atmosphere of the camps encouraged participation and fostered a sense of camaraderie among participants.





30. World Environment Day Program - NSS

Institute of Computer Science and Information Science, under Srinivas University has organized a Jatha "Save the Social" on 6th June 2022, on account of World Environment day bycleaning the surroundings and pledging to spread the message of no to plastics.NSS students of ICIS holding placards visited various shops on the way reminding of Ban on Plastics and picked all the plastic waste



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31. Daan Utsav /Joy of giving/ Giving is Happiness

Students of MSW organised a Daan utsav programme by having a community lunch along with the students by distributing egg and sweets and banana to the students of Pavoor Higher primary school on 25 June 2022





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Street Plays on Girl child issues/importance of literacy /Addiction	NSS UNIT	12-06-2022	50
Free Medical Camps	NSS UNIT	25-06-2022	75
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Environment day go green campus	NSS UNIT	06-06-2022	45
Daan Utsav /Joy of giving/ Giving is Happiness	NSS UNIT	25-06-2022	AS UNIV 40

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